





# 2019 LUNCH MENU

## Humboldt & Twin Rivers School



<p><b>Breakfast:</b> Pop Tart &amp; Cereal, Gogurt(*HS), Cantaloupe</p> <p><b>Lunch –</b> Corn Dog Baked Beans Baby Carrots, Pears Potato Salad Banana(*HS)</p> <p style="text-align: right;"><b>1</b></p>	<p><b>Breakfast:</b> Blueberry Waffle or Cereal, Orange Wedges, GoGurt(*6-12)</p> <p><b>Lunch –</b> Chicken Nuggets Mashed Potatoes Dinner Roll, Corn, Pears Pretzel Goldfish(*HS) Mandarin Oranges(*HS)</p> <p style="text-align: right;"><b>2</b></p>	<p><b>Breakfast:</b> Strawberry Bagel or Cereal, Pears, GoGurt(*6-8)</p> <p><b>Lunch –</b> Wildcat Bread, Marinara Sauce Frozen Broccoli, Grapes Fresh Pineapple(*6-12) Chocolate Cake</p> <p><b>EARLY DISMISSAL</b></p> <p style="text-align: right;"><b>3</b></p>	<p><b>Breakfast:</b> Breakfast Pizza or Cereal, Fresh Pineapple</p> <p><b>Lunch –</b> Goulash Green Beans, Applesauce Bosco (*6-12) Garlic Breadstick(*K-5) Apple(*HS), GoGurt(*K-5)</p> <p style="text-align: right;"><b>4</b></p>	<p><b>Breakfast:</b> Cereal, Yogurt, Blueberries, Sausage Links(*6-12)</p> <p><b>Lunch –</b> French Toast, Sausage Links Cottage Cheese Baby Carrots, Cucumbers Blueberries Banana(*HS)</p> <p style="text-align: right;"><b>5</b></p>
<p><b>Breakfast:</b> Chocolate Donut or Cereal, Mixed Fruit</p> <p><b>Lunch –</b> Meatballs with Gravy Mashed Potatoes Green Beans, Pears Apple Bosco Applesauce (*HS) Choc Chip Gripz(*HS)</p> <p style="text-align: right;"><b>8</b></p>	<p><b>Breakfast:</b> Choc Chip French Toast or Cereal, Orange Wedges</p> <p><b>Lunch –</b> Hamburger Patty on a Bun Baked Beans Tomato slices 100% Juice Cantaloupe(*6-12) Potato Wedges(*HS)</p> <p style="text-align: right;"><b>9</b></p>	<p><b>Breakfast:</b> Pancake on a Stick or Cereal, Banana</p> <p><b>Lunch –</b> Italian Chicken Patty on Bun Brussel Sprouts, Brown Rice Frozen Broccoli Peaches, Mango(*6-12) Cheez-its(*HS)</p> <p><b>EARLY DISMISSAL</b></p> <p style="text-align: right;"><b>10</b></p>	<p><b>Breakfast:</b> Breakfast Pizza or Cereal, Peaches</p> <p><b>Lunch –</b> Deli Turkey on a Bun with Cheese, Tomato Soup Frozen Carrots, Spinach Cherry Tomatoes, Grapes Goldfish Crackers Kiwi(*HS)</p> <p style="text-align: right;"><b>11</b></p>	<p><b>Breakfast:</b> Banana Muffin &amp; Cereal, Grapes, Gogurt (*HS)</p> <p><b>Lunch –</b> Cheese Pizza(*K-8) Chicken Quesadilla(*HS) Broccoli &amp; Cucumbers w/Ranch Mixed Fruit Mandarin Oranges(*HS) Choc Chip Cookie(*HS)</p> <p style="text-align: right;"><b>12</b></p>
<p><b>Breakfast:</b> Pop Tart &amp; Cereal, Gogurt(*HS), Cantaloupe</p> <p><b>Lunch –</b> Chicken Nuggets(*K-8) Pot Roast(*HS) Mashed Potatoes, Corn, Raisins Applesauce(*HS) Sliced Bread(*HS)</p> <p style="text-align: right;"><b>15</b></p>	<p><b>Breakfast:</b> Blueberry Waffle or Cereal, Applesauce</p> <p><b>Lunch –</b> Waling Taco w/Doritos Tomatoes/Onions(*HS) Lettuce &amp; Cheese, Salsa Refried Beans, 100% Juice Choc Chip Cookie Apple(*HS)</p> <p style="text-align: right;"><b>16</b></p>	<p><b>Breakfast:</b> Strawberry Bagel or Cereal, Pears, Gogurt (*6-8)</p> <p><b>Lunch –</b> Ham &amp; Cheese Pretzel Frozen Carrots, Fresh Broccoli Peaches Sun Chips Mandarin Oranges(*HS)</p> <p><b>EARLY DISMISSAL</b></p> <p style="text-align: right;"><b>17</b></p>	<p><b>Breakfast:</b> Breakfast Pizza or Cereal, Peaches</p> <p><b>Lunch –</b> Breaded Chicken Patty on Bun Sweet Potato Fries Peas Pears Fresh Pineapple(*HS)</p> <p style="text-align: right;"><b>18</b></p>	<p style="text-align: center;"><b><u>NO School</u></b></p> <p style="text-align: center;"></p> <p style="text-align: right;"><b>19</b></p>
<p style="text-align: center;"><b><u>NO School</u></b></p> <p style="text-align: center;"><b>Spring Break</b></p> <p style="text-align: center;"></p> <p style="text-align: right;"><b>22</b></p>	<p><b>Breakfast:</b> Donut or Cereal, Mixed Fruit</p> <p><b>Lunch –</b> Creamed Chicken over Rice or Biscuit Peas, Brussel Sprouts Mandarin Oranges Orange Wedges(*HS) Choc Cake(*HS)</p> <p style="text-align: right;"><b>23</b></p>	<p><b>Breakfast:</b> Choc Chip French Toast or Cereal, Mandarin Oranges, Gogurt (*6-8)</p> <p><b>Lunch –</b> Hot Dog on a Bun Baked Beans Cherry Tomatoes Peaches, Raisins(*HS)</p> <p><b>EARLY DISMISSAL</b></p> <p style="text-align: right;"><b>24</b></p>	<p><b>Breakfast:</b> Breakfast Pizza or Cereal, Pears</p> <p><b>Lunch –</b> Chili with Cheese Baby Carrots, Applesauce Goldfish Crackers Cinnamon Roll Baked Potato(*HS) Gapes(*6-12)</p> <p style="text-align: right;"><b>25</b></p>	<p><b>Breakfast:</b> Banana Muffin &amp; Cereal, Grapes, Gogurt (*HS)</p> <p><b>Lunch –</b> Max Stix Marinara Sauce Frozen Broccoli Bomb Pop Mixed Fruit (*K-5 &amp;*HS) Raisins(*6-12)</p> <p style="text-align: right;"><b>26</b></p>
<p><b>Breakfast:</b> Pop Tart &amp; Cereal, Gogurt(*HS), Cantaloupe</p> <p><b>Lunch –</b> Chicken Fajita on Shell with cheese, Salsa, Lettuce Refried Beans, 100% Juice Banana Bread Apples (*HS)</p> <p style="text-align: right;"><b>29</b></p>	<p><b>Breakfast:</b> Pancake on a Stick or Cereal, Mixed Fruit</p> <p><b>Lunch –</b> Hamburger Patty on a Bun Baked Beans, Tomato slices Seasoned Potato Wedges Pears Peaches(*HS)</p> <p style="text-align: right;"><b>30</b></p>	<div style="border: 1px solid black; padding: 5px; text-align: center;"> <p>All breakfasts include juice &amp; milk and all lunches include milk.</p> </div> <div style="border: 1px solid black; padding: 5px; text-align: center; margin-top: 10px;"> <p>Menus are Subject to Change</p> </div>	<p style="text-align: center;"><b>*</b></p> <p style="text-align: center;">(*HS) = only for HS</p> <p>(*K-5) = only for Grades K-5<sup>th</sup></p> <p>(*6-8) = only for Grades 6<sup>th</sup>-8<sup>th</sup></p> <p>(*6-12) = only for Grades 6<sup>th</sup>-12<sup>th</sup></p>	<div style="border: 1px solid black; padding: 5px; text-align: center;"> <p>This institution is an equal opportunity</p> </div> <div style="border: 1px solid black; padding: 5px; text-align: center; margin-top: 10px;"> <p>Breakfast: \$2.05 / Adult \$2.25 Extra Milk: \$ .50 Lunch: Grade K-4 \$2.75 Grade 5-12 \$2.80 Adult \$3.65</p> </div>