



Happy January

2019 LUNCH MENU Humboldt & Twin Rivers School



<p>All breakfasts include juice & milk and all lunches include milk.</p> <p>Menus are Subject to Change</p>	<p>*</p> <p>(*HS) = only for HS</p> <p>(*K-5) = only for Grades K-5th</p> <p>(*6-8) = only for Grades 6th-8th</p> <p>(*6-12) = only for Grades 6th-12th</p>	<p>USDA is an Equal Opportunity Employer</p> <p>Breakfast: \$2.05 / Adult \$2.25 Extra Milk: \$.50 Lunch: Grade K-4 \$2.75 Grade 5-12 \$2.80 Adult \$3.65</p>		<p>Breakfast: Pop Tart & Cereal, Applesauce, Gogurt (*HS)</p> <p>Lunch - Max Sticks, Marinara Sauce Peas, Peaches Cottage Cheese Pears (*HS) Strawberry Chex (*HS) 4</p>
<p>Breakfast: Biscuit w/Jelly & Cereal, Peaches, Sausage Links (*HS)</p> <p>Lunch - Creamed Chicken over Rice or Biscuit, Peas Brussel Sprouts, Apricots Mandarin Oranges (*HS) Ice Cream Sandwich (*HS) 7</p>	<p>Breakfast: Blueberry Pancakes or Cereal, Apricots</p> <p>Lunch - Pot Roast, Mashed Potatoes Sliced Bread Coleslaw (*6-12) Carrots, Applesauce Apple (*HS) 8</p>	<p>Breakfast: Cream Cheese Bagel or Cereal, Applesauce</p> <p>Lunch - Hamburger on a Bun, Tomatoes, Lettuce (*HS) Baked Beans, Cauliflower Orange Wedges, Peaches (*HS) Potato Salad (*HS) EARLY DISMISSAL 9</p>	<p>Breakfast: Breakfast Pizza or Cereal, Orange Wedges</p> <p>Lunch - Pork Fritter on a Bun Kale, Tomatoes (*HS) Pickles, Squash Kiwi Cantaloupe (*HS) 10</p>	<p>Breakfast: Cinnamon Roll & Cereal, Kiwi</p> <p>Lunch - Hot Dog on a Bun Broccoli, Red Peppers, Ranch Bananas (*6-12) Mixed Fruit (*K-5) & (*HS) Honey Bun Goldfish (*HS) 11</p>
<p>Breakfast: French Toast or Cereal, Mixed Fruit</p> <p>Lunch - Sloppy Joe on a Bun Pickles Emoji Fries Green Beans Applesauce Pears (*HS) 14</p>	<p>Breakfast: Biscuit w/Jelly & Cereal, Gravy (*HS), Applesauce</p> <p>Lunch - Mr. Rib on a Bun Baked Beans Carrots Orange Wedges 100% Juice (*HS) 15</p>	<p>Breakfast: Pancake on a Stick or Cereal, Orange Wedges</p> <p>Lunch - Breaded Chicken Patty on Bun Tomatoes/Lettuce (*HS) Squash Corn, Fresh Pineapple Mandarin Oranges (*HS) EARLY DISMISSAL 16</p>	<p>Breakfast: Breakfast Pizza or Cereal, Pineapple</p> <p>Lunch - Turkey Roast, Gravy Sliced Bread, Stuffing Mashed Potatoes Green Beans Craisins Apricots (*HS) 17</p>	<p>Breakfast: Chocolate Donut or Cereal, Grapes</p> <p>Lunch - Pizza Lettuce w/Ranch Broccoli Mixed Fruit Apple (*6-12) Choc Chip Cookie (*HS) 18</p>
<p>Breakfast: Apple Frudel or Cereal, Apple</p> <p>Lunch - Cheesy Chicken Burrito Brown Rice, Broccoli Brussel Sprouts 100% Juice Gogurt (*6-8) Peaches (*HS), Churro (*HS) 21</p>	<p>Breakfast: Pop Tart & Cereal, Grapes, Gogurt (*HS)</p> <p>Lunch - Nachos & Tortilla Chips Salsa Refried Beans Black Bean Salsa (*HS) Kiwi Grapes (*6-12) 22</p>	<p>Breakfast: Strawberry Pancakes or Cereal, Peaches</p> <p>Lunch - Chicken Nuggets Mashed Potatoes Dinner Roll (*6-12) Corn, Pineapple Pears (*HS) EARLY DISMISSAL 23</p>	<p>Breakfast: Breakfast Pizza or Cereal, Pineapple</p> <p>Lunch - Deli Turkey on a Bun Tomato Soup Goldfish Crackers, Spinach Tomato, Green Peppers Orange Wedges Apple (*HS) 24</p>	<p>Breakfast: Cream Cheese Bagel or Cereal, Apple</p> <p>Lunch - Max Sticks Marinara Sauce Broccoli, Carrots, Ranch Mango Mixed Fruit (*HS) Bomb Pops (*HS) 25</p>
<p>Breakfast: Cherry Frudel or Cereal, Mixed Fruit</p> <p>Lunch - Italian Chicken Patty on Bun Brown Rice, Brussel Sprouts, Broccoli, Apricots 100% Juice (*6-12) Choc Chip Cookie (*HS) 28</p>	<p>Breakfast: Pancake on a Stick or Cereal, Apricots</p> <p>Lunch - Hamburger on a Bun Tomatoes/Lettuce (*HS) Cauliflower Potato Smiles Pears, Grapes (*HS) 29</p>	<p>Breakfast: Powered Sugar Donut or Cereal, Pears</p> <p>Lunch - Wildcat Bread, Marinara Sauce Green Beans Pineapple Banana (*6-12) Chocolate Cake 30</p>	<p>Breakfast: Breakfast Pizza or Cereal, Pineapple</p> <p>Lunch - Chili & Cheese Baked Potato (*6-12) Baby Carrots, Cinnamon Roll, Applesauce, Goldfish Crackers Mandarin Oranges (*HS) 31</p>	<p>1</p>